

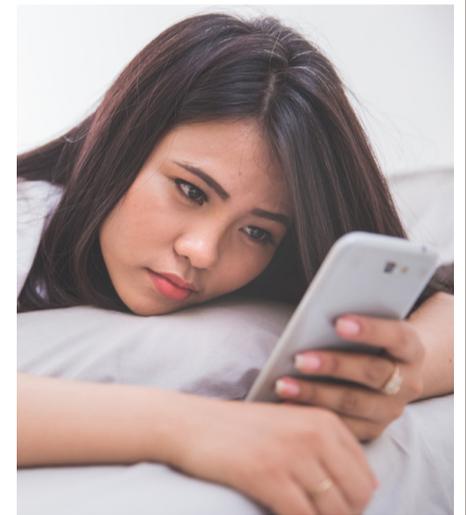


eastfeeding and me

UCCESS AND STRUGGLES OF BEING A FIRST-TIME MUM



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The effects of text snubbing

PEOPLE think that when you are young, free and single, life is wonderful. You can date whoever you want, sleep around and have infinite choices. But every single person knows this is not the case. In fact, the truth is far from this!

Dating is an absolute mix of emotions. The excitement begins when you get that match, thinking this person likes me enough to engage in conversation. You begin to chat and think, maybe we will have a date that will perhaps develop into something more.

But then something unexpected can make you get stuck. You have been texting for a while, have spoken on the phone and may have met up, but then the other person (usually the man) disappears for no good reason. This is also known as ghosting.

Men, let me tell you what happens when you don't text a girl back. You might think a girl is super easy-going, but if we like someone and don't hear back, it really affects us. When you text us, your messages will make us smile. We feel happy when we see your name pop up on our mobiles and can happily stay up late texting. But when a guy thinks I'm not so into her and stops texting without explanation, it hits the girl hard. We think was it me, did I say something wrong? Maybe something happened to him?

We text and waited for the blue tick with baited breath, but see you have been online and didn't bother reading the text or refused to reply. It breaks our hearts. We see that you tweeted or updated your Facebook status. We get upset and contemplate sending another text. We don't get a response and the cycle of disappointment and upset continues.

Ladies, I know this sounds cliché, but if a guy doesn't text back, then it most definitely is his loss. I know it's hard as I have been text-snubbed. But the fact is if he has time to be online, read your text, go to the toilet; he has time to reply. If he doesn't, then he is a loser. He doesn't deserve your time, emotions or effort. If someone doesn't text you back two, three, four times, then you need to ask yourself if it is worth it.

If his lack of response is upsetting, cut him off until he comes back with an absolutely amazing excuse (I've been busy with work, family etc. doesn't count). You are well in your rights to say: 'I didn't hear from you, it's best if we leave this.' If he thinks you are being dramatic and doesn't apologise, he is not worthy and you deserve someone better. Find someone who will text back and call. Let's take this in our hands ladies and not tolerate it anymore.

Guys, just text a girl back! Even if to say I'm sorry, I don't see this going anywhere or whatever excuse you want to use. In your eyes, no response means you are not interested, but in our world, until we see or hear it, we won't believe it.