



**Priya
Mulji**



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Facing the hard truth

THOSE of you who have read my column in the past will know that I have repeatedly urged guys to be totally honest with women and not mess them about. I have written it with full faith that women will be able to handle a hard truth and move on to someone who full deserves them. But then I have had guys get in touch telling me there are so many incidents when a woman will not take 'no' for an answer and they won't let the guy go, even if he is wrong for them. They will hold on and allow the situation to spiral out of control.

I looked further into this and found that there are women who go into a state of denial when a relationship is irreparably broken. Sometimes it is good to weather a storm because you may come out of it stronger, but if both of you are not willing to sail through turbulent waters together then the inevitable conclusion will be a sunken relationship. All that will remain is a wreck at the bottom of the ocean.

Ladies, if the signs are there that he is just not that into you, holding on tightly won't make him love you any more or change his mind. In fact, it will have the opposite effect. Doing this will not only emotionally drain you but also waste precious time and prevent you from finding your happily ever after. Forcing an issue and holding on when the guy is not interested will only push him away.

There have been plenty of incidents when the lady has left a guy and he has realised the hard way what he has ultimately lost. If the guy doesn't realise, then he wasn't worth your time and someone much better out there is. If anything, he has given you the final sign the relationship was broken beyond repair.

So ladies, if we want guys to be totally honest with us we should be able to accept any hard truths that may come from that difficult conversation. Similarly, guys, if a lady isn't interested, you should walk away instead of forcing the issue. Ultimately denial will keep you trapped in something that is painful, but the truth will set you free and allow you to fly again.

Time is precious and a gift that is given to us from the universe, so shouldn't be wasted. So if you feel trapped or are not getting what you want or deserve from a relationship, be brave enough to have the difficult conversations and prepared for any truths. It's better to be alone and happy than trapped in a broken relationship that makes you deeply unhappy. I am gonna leave you with this quote from Taylor Lautner: "Honesty and loyalty are key. If two people can be honest with each other about everything, that's probably the biggest key to success."

'A mind,

INDIAN STAR RAAGES

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You achieved a lot in various fields in India, but what gave you the biggest satisfaction?

Very easily any woman may say having a child, but for the respect of many achievers who may have not been blessed with a baby, I have to say something different. So my greatest satisfaction comes from achieving anything that people think is not possible. My first album *Duniya* was rejected by many music labels and panned by some critics, but it became a platinum hit and debuted at number one. That was the start of my journey in believing in my convictions and being positive no matter what.

How do you look back on that action-packed chapter of your life in the spotlight?

My life as an entertainer was fabulous. At that point, I was just working and couldn't understand what the big deal was. Looking back, I find it super-interesting and hilarious. My dazzling wardrobe, chaperones, constant make-up, non-stop events and of course my advisors! My father Trilok was and still is the stabilising factor to remind me of humility.

You did acting, singing, TV hosting and modelling among other things; what gave you the most satisfaction?

I gave my 100 per cent to each job so enjoyed it all. But being a people's person, I love my live events. Meeting people, exchanging energy and simply interacting with them gave me a high then and still does. So my singing events or when I host shows, I love those the most.

Was it difficult to give all that up and shift to London?

It would have been difficult had I been in my twenties. I was 39 when I got married, far more settled and mature in my mind, or so I think! Most importantly, I married Sudhanshu for the person he is. He is an academic genius, but his work on human rights in Afghanistan, Darfur and Syria, inspired me incredibly.

I immediately knew he was an evolved man and would make a wonderful life partner.

Giving up the busy entertainment industry was not the tough part; that was living away from my family.

